

## **Translation and cultural adaptation of Acceptance and Commitment Therapy to non English speaking communities.**

While Acceptance and Commitment Therapy (ACT) and Relational Frame Theory (RFT) have begun to be diffused across English speaking communities as soon as theoretical, practical, and self-help books have been released in this language, non English-speaking communities have more recently started to translate or build their own material. These efforts are accompanied by essential questions regarding cultural adaptation and translation of clinical materials and experimental or philosophical concepts.

In the present paper, we review the different domains in which non-English speaking researchers and clinicians are currently working at increasing basic knowledge, gathering clinical data, and spreading the ACT-RFT model to professionals as well as general audience. Issues regarding translation, cultural adaptation, and reception by different cultures will be discussed.

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